



# ALABAMA BOARD OF EXAMINERS IN MARRIAGE AND FAMILY THERAPY

P.O. BOX 240216

MONTGOMERY, AL 36124

334-395-7455 FAX: 334-409-9232

Web Site: [www.mft.alabama.gov](http://www.mft.alabama.gov)

E-mail: [amandaillozada@gmail.com](mailto:amandaillozada@gmail.com)

Dear Applicant:

On this web site, you will find the Marriage and Family Therapy Licensure Law, The Rules and Regulations set forth by the ABEMFT, checklists to assist your completion of the application process, official application and information forms, and a list of current ABEMFT Approved Supervisors. We encourage you to carefully read the MFT Licensure Law and the Rules and Regulations in order to familiarize yourself with them. The forms and checklists are grouped into therapist (MFT) and supervisor (SUP) categories. By first reading the Board approved marriage and family therapy designation requirements (CHAPTER 367-X-3 of the Rules and Regulations) and selecting the checklist(s) for the license and/or designations you wish to apply for, you should be able to determine which forms you will need to complete and return. Applications must be received two weeks prior to the next available Board Meeting to ensure Board Review. Applications received after the two week deadline will be reviewed at the following meeting. A calendar of Board meetings is available at [www.mft.alabama.gov](http://www.mft.alabama.gov) for your convenience (the Board Calendar is voted on at the November Board Meeting for the following calendar year and is then advertised on our web site and also the Secretary of State's web site)

The following is a list of the MFT checklists which you have to choose:

- Licensed Marriage and Family Therapist (LMFT)
- Permission to Sit for the Exam
- Endorsement for LMFT (holds MFT license elsewhere)
- Marriage and Family Therapy Associate (MFT Associate)
- Marriage and Family Therapy Intern (MFT Intern)

The supervision checklists include:

- ABEMFT Supervisor Candidate
- ABEMFT Approved Supervisor
- ABEMFT Supervisor Mentor

The ABEMFT has been given the responsibility of protecting the public safety and welfare by providing regulation and control of marriage and family therapy in the State of Alabama. That must be our number one concern. In addition, we are striving to meet the needs of the professionals who have been and who will continue to provide marriage and family services to the public. Therefore, we have attempted to make the Rules and Regulations and the application process as "user friendly" as possible. However, as you progress through the application process and, in time, the renewal process, you may have specific recommendations for improvement. We welcome these suggestions and request that you either mail them to our office in Montgomery, or send them to our office via e-mail to [paulamccaleb@gmail.com](mailto:paulamccaleb@gmail.com).

Sincerely,

Paula McCaleb  
Executive Director

## Application Instructions

### General Statement

The ABEMFT desires to provide courteous and timely service to all applicants. To maximize its efficiency and the level of service, the Board will process complete applications only. Incomplete Applications will be returned to you. Read all instructions carefully. The Board will not act as your agent in gathering information or supporting documents necessary for the consideration of your application.

Make all checks\* payable to: ABEMFT  
Send to: P.O. Box 240216  
Montgomery, AL 36124-0066

**\*The Board only accepts checks or money orders for application and initial licensing fees.**

### Checklists

Locate the checklist for the appropriate license/designation for which you are applying.

### Application

Applications must be typewritten or printed in ink and must be legible. Complete the entire application. Leave no space blank. If a particular question or request for information does not apply to you, put a short line in the blank space or cross out the entire section to indicate the question or section has received your attention. Failure to supply necessary information may result in denial of your application.

Your full name, social security number, and date of birth are essential for identification purposes. Social Security numbers are not public information and will be safeguarded as such. Please supply this key information. There is space for two addresses on the application: a public mailing address and a restricted use address. The public mailing address is the address where the Board will send all correspondence. The restricted use address is the street address where you reside and is not public information, unless it is the same as your public mailing address.

### Application Process

Once your **complete application has been received by the application deadline date for the next board meeting**, your application will be reviewed by the Board at the next available Board meeting. You will then be notified of your status by letter following the Board's review. Please refer to [www.mft.alabama.gov](http://www.mft.alabama.gov) for a calendar of upcoming Board meetings and deadline dates for application submittal.

### Acceptable Documents for Proof of Citizenship

- A driver's license or non-driver's identification card issued by the Alabama Department of Public Safety or the equivalent agency of another state within the United States, provided that the governmental agency of another state within the United States requires proof of lawful presence in the United States as a condition of issuance of the driver's license or non-driver's identification card.
- A birth certificate in the United States or one of its territories.
- Pertinent pages of a United States valid or expired passport identifying the person and the person's passport number, or the person's United States passport.
- United States naturalization documents or the number of the certificate of naturalization.
- Other documents or methods of proof of United States citizenship issued by the federal government pursuant to the Immigration and Nationality Act of 1952, as amended.
- Bureau of Indian Affairs card number, tribal treaty card number, or tribal enrollment number.
  
- A consular report of birth abroad of a citizen of the United States of America.
- A certificate of citizenship issued by the United States Citizenship and Immigration Services.
- A certification of report of birth issued by the United States Department of State.
- An American Indian card, with KIC classification, issued by the United States Department of Homeland Security.
- Final adoption decree showing the person's name and United States birthplace.

- An official United States military record of service showing the applicant's place of birth in the United States.

**Questions**

If, after you have completely read the application, law, and rules and regulations, you still have questions or comments, you may contact:

Amanda Lozada, Licensing Agent  
Phone: 334.395.7455 FAX: 334.409.9232  
E-Mail: [amandajilozada@gmail.com](mailto:amandajilozada@gmail.com)  
Web Site: [www.mft.alabama.gov](http://www.mft.alabama.gov)

**CHECKLIST  
for  
MARRIAGE AND FAMILY THERAPY INTERN (MFT Intern)**

- MFT 1 - General Information Form
- MFT 2 - Application Form
- MFT 3 - Educational Requirements Form and a copy of the graduate catalog course description and/or syllabi for all courses. (Not required for graduates of COAMFTE accredited programs.)
- Letter from program director verifying student status or official transcripts if graduated and doing post-degree internship.\*
- MFT 5 - Marriage and Family Therapist Qualifying Questionnaire Form
- MFT 6 - Two Supervisor Reference Forms from most current MFT supervisors (or professional colleagues if supervision was completed more than two years ago).
- MFT 7 - Affidavit and Release Authorization Form
- MFT 8 - Supervision Agreement Form completed by supervisor for the Supervised Clinical Practicum/Internship. (Not required for students of COAMFTE accredited programs.)
- Proof of Citizenship. (See instructions for acceptable documents)
- \$150 Application Review Fee - One time fee required of all first time applicants for Board review of credentials. Check or money orders only, made payable to ABEMFT.

**See application instructions for further details. DO  
NOT SUBMIT AN INCOMPLETE APPLICATION.**

**Make a copy of all forms submitted to the Board office for your own records.**

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\*Not required if previously submitted with prior application (i.e. MFT Intern, Associate, or Permission to Sit for Examination)



**MFT 2  
Application Form**

- Application for:  Marriage and Family Therapy Intern (MFT Intern)  
 Marriage and Family Therapy Associate (MFT Associate)  
 Permission to sit for the MFT Examination  
 Licensed Marriage and Family Therapist (LMFT)  
 Licensed Marriage and Family Therapist By Endorsement

**PROFESSIONAL GRADUATE EDUCATION:**

List all institutions at which you obtained graduate or post-graduate degrees.

Degree Awarded	Date of Degree	Program	Name of Institution	Accreditation by the Commission on Accreditation for Marriage and Family Therapy (Yes/No)

- Yes  No I have enclosed an official transcript showing completion of my degree(s)/course work. (Not required if previously submitted with application for permission to sit for the MFT examination or MFT Associate application.)

**ACCREDITATION:**

- Yes  No Is the earned Marriage and Family Therapy degree from a COAMFTE accredited institution? If "no," complete the Educational Requirements Form (MFT 3) and submit course descriptions and/or syllabi.

**PROFESSIONAL EXAMINATION REQUIREMENT:**

- Yes  No I am requesting permission to sit for the Marriage and Family Therapy Examination.  
 Yes  No I have passed the Marriage and Family Therapy Examination. (Only required for LMFT Applications.)  
 Yes  No I have enclosed an official copy of my test results showing a passing score. (Only required for LMFT Applications)

**MFT 3  
Educational Requirements Form**

This form is to be completed by all applicants who have not graduated from a COAMFTE accredited curriculum in Marriage and Family Therapy. To ensure your application is processed in a timely manner, please consider the following:

- You can only apply one course to a single category on this form.
- Use the detailed description of required course work in the Rules and Regulations CHAPTER 536-X-5 titled *Board Course Requirements* to complete this form. If courses listed do not match the description of the requirements, your application may be denied for insufficient Board course requirements.
- The Board will not act as your agent in completing this form properly for you.

(S=Semester, Q= Quarter)

**1. Marriage and Family Studies** (minimum of 6 semester/8 quarter hours)

Courses in this area should present a fundamental introduction to systems theory. The student should learn to think in systems terms across a wide variety of family and other social structures and a diverse range of presenting issues (i.e., gender, culture, substance abuse). Topic areas include: systems theory, family development, subsystems, blended families, gender issues in families, cultural issues in families, etc. All courses in this area must have a major focus from a systems theory orientation. Survey or overview courses in which systems is one of several theories covered do not qualify for this area. Courses in which systems theory is the major focus and other theories are studied in relation to systems theory are acceptable.

Course Title	Course No.	Institution	Year	S / Q	Credits Rec'd

**Total Credits:**\_\_\_\_\_

**MFT Form 3 (cont.)**

**2. Marriage and Family Therapy** (minimum of 9 semester/12 quarter hours)

Courses in this area should have a major focus on advanced family systems theories and systemic therapeutic interventions. This area is intended to provide a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation. Major theoretical approaches might include: strategic, structural, object relations family therapy, behavioral family therapy, communications family therapy, intergenerational family therapy, and systemic sex therapy. Survey or overview courses in which family therapy is one of several types of theories covered do not qualify for this area.

Course Title	Course No.	Institution	Year	S / Q	Credits Rec'd

**Total Credits:** \_\_\_\_\_

**3. Human Development** (minimum of 6 semester/8 quarter hours)

Courses in this area should provide knowledge of individual personality development and its normal and abnormal manifestations. The student should have relevant coursework in human development across the life span which includes special issues that effect an individual's development (i.e., culture, gender, and human sexuality). The material should be integrated with systems concepts. Topic areas may include human development, child/adolescent development, psychopathology, personality, theory, human sexuality, etc. Test and measurements courses do not qualify for this area.

Course Title	Course No.	Institution	Year	S / Q	Credits Rec'd

**Total Credits:** \_\_\_\_\_



**MFT 3 (cont.)**  
**Educational Requirements continued**

4. **Professional Ethics** (minimum of 3 semester/4 quarter hours)

Courses in this area are intended to contribute to the professional development of the therapist. Areas of study should include the therapist's legal responsibilities and liabilities, professional issues and ethics as a marriage and family therapist, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and interprofessional cooperation. Religious ethics courses and moral theology courses do not qualify for this area.

Course Title	Course No.	Institution	Year	S / Q	Credits Rec'd

**Total Credits:**

5. **Research** (minimum of 3 semester/4 quarter hours)

Courses in this area should assist in understanding and performing research. Topic areas may include: research methodology, quantitative methods, and statistics. Individual personality, test and measurement and library research courses do not qualify for this area.

Course Title	Course No.	Institution	Year	S / Q	Credits Rec'd

**Total Credits:**

**MFT 3 (cont.)**  
**Educational Requirements continued**

6. **Mental Health Diagnosis** (minimum of 3 semester/4 quarter hours)

The course in this area should assist in understanding and treating psychological diagnoses related to the International Classification of Diseases and/or the Diagnostic and Statistical Manual of Mental Disorders. Topic areas may include: major mental disorders and learning disorders, personality disorders, intellectual disabilities, acute medical conditions, addictions, sexual disorders, and psycho-developmental and environmental factors contributing to disorders. This course will be required for all licensees beginning January 1, 2013.

Course Title	Course No.	Institution	Year	S / Q	Credits Rec'd

**Total Credits:**

**Educational Requirements Total Credits:** \_\_\_\_\_

Additional Information Required:

- Applicants must provide a copy of a graduate catalog course description and/or syllabus of any identified courses. If the Board does not have sufficient information of course content, your application may be delayed while we request further information. (Not required for graduates of COAMFTE accredited programs.)
- In addition to this form, applicants must send official transcripts from any institution at which relevant graduate coursework was completed.

**MFT 5**  
**Marriage and Family Therapist Qualifying Questionnaire**

Check "Yes" or "No" for each question. Do not leave any questions unanswered. If the answer to any question is "yes," please explain below. Use an additional sheet if necessary (MFT 5b is provided for your convenience). Include complete information with respect to all circumstances and the final result, if such has been reached. **A "Yes" answer does not necessarily mean the applicant will not be granted a license.** However, additional documentation may be requested by the Board if the information submitted is insufficient.

1.  Yes  No Have you ever had a license, certificate, permit or registration to practice denied, conditioned, curtailed, limited, restricted, suspended, or revoked in any way?
2.  Yes  No Have you ever been permitted to resign or surrender your license to practice while under investigation or while action was pending against you by any licensing agency, hospital or other health care facility, professional association, or criminal or administrative jurisdiction?
3.  Yes  No Is any disciplinary action pending against you now by any licensing agency or professional association?
4.  Yes  No Is any action related to your conduct or client care pending against you now at any hospital, mental health care facility, agency, or individual private practice?
5.  Yes  No Have you ever been reported for child abuse or domestic violence?
6.  Yes  No Within the last five years, have you been addicted to or excessively used alcohol, narcotics, barbiturates or habit-forming drugs?  
If yes, have you enrolled in a recovery program?  Yes  No
7.  Yes  No Have you had any malpractice judgments brought against you?
8.  Yes  No Have you ever been convicted of a felony?
9.  Yes  No Have you ever misrepresented your professional qualifications?

Item #: \_\_\_\_\_ Explanation: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MFT 5b**

**Marriage and Family Therapist Qualifying Questionnaire Explanation Sheet**

Item #: \_\_\_\_\_ Explanation: \_\_\_\_\_

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Item #: \_\_\_\_\_ Explanation: \_\_\_\_\_

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Item #: \_\_\_\_\_ Explanation: \_\_\_\_\_

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Item #: \_\_\_\_\_ Explanation: \_\_\_\_\_

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**MFT 6 (cont.)**  
**Supervisor Reference Form (continued)**

4. To your knowledge, is the applicant of good moral character?  Yes  No

If no, please explain: \_\_\_\_\_

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5. To your knowledge, within the last five years, has the applicant been addicted to or excessively used alcohol, narcotics, barbiturates, or habit-forming drugs?

Yes  No

If yes, do you know if the applicant is in a recovery program?  Yes  No

Please explain: \_\_\_\_\_

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6. To your knowledge, has the applicant ever been reported for child abuse or domestic violence?  Yes  No If yes, please explain: \_\_\_\_\_

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7. To your knowledge, has the applicant had any malpractice judgments brought against him/her?  Yes  No If yes, please explain: \_\_\_\_\_

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8. To your knowledge, has the applicant ever misrepresented his or her professional qualifications?  Yes  No If yes, please explain: \_\_\_\_\_

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9. To your knowledge, has the applicant ever been convicted of a felony?

Yes  No If yes, please explain: \_\_\_\_\_

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**MFT 6 (cont.)**  
**Supervisor Reference Form (continued)**

10. If you answered "yes" to any of the above questions, has that information or your concerns been discussed with the supervisee?  Yes  No

\_\_\_\_\_  
Signature of Supervisor or Professional Colleague

\_\_\_\_\_  
Date

**INSTRUCTIONS TO SUPERVISOR/COLLEAGUE: Place the completed form in a sealed envelope and sign your name across the seal. You may then return the envelope to your supervisee in order for them to complete their application materials.**

**MFT 7**  
**Affidavit and Release Authorization Form**

**Affidavit**

I, \_\_\_\_\_, being first duly sworn declare under penalty of perjury as follows:

I am the applicant described and identified in this application for licensure in the State of Alabama.

I am qualified in all respects for the license for which I am applying in this application.

To the best of my knowledge, the information contained in the application and its supporting document(s) is truthful, correct, and complete; and, discloses all material facts regarding the me and associated individuals necessary to properly evaluate my qualifications for licensure.

I will ensure that any information subsequently submitted to the Board in conjunction with this application or its supporting document(s) meets the same standards as set forth above.

I understand that it is unlawful and punishable as a Class A Misdemeanor to apply for or obtain a license or to otherwise deal with the Board through the use of fraud, forgery, or intentional deception, misrepresentation, misstatement, or omission.

I understand that this application will be classified as a public record and will be available for inspection by the public, except with regard to the release of information which is classified as controlled, private, or protected under the Government Records Access and Management Act or restricted by other law.

**Release Authorization**

I hereby authorize all persons, institutions, organizations, schools, governmental agencies, employers, references, or any others not specifically included in the preceding characterization, which are set forth directly or by reference in this application, to release to the Board records or information reasonably required for the Board to properly evaluate my qualifications for licensure by the State of Alabama.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date of Signature

Subscribed to and Sworn before me this \_\_\_\_ day of \_\_\_\_\_, 20\_\_

\_\_\_\_\_  
Signature of Notary Public

\_\_\_\_\_  
My Commission Expires



**MFT 8**  
**MFT Intern/Associate Supervision Agreement Form**

<b>APPLICANT INFORMATION</b>	
Name:	Social Security #:
Period of time expected for supervision:	

<b>SUPERVISOR INFORMATION</b>		
Name:		
Type & Title of License Held:	License #:	Exp. Date:
Date original license was issued:	State in which license was issued:	
Preferred Mailing Address:		
City:	ST:	Zip Code:
Telephone Number:(            )		
Type of Approved Supervisor:		
<input type="checkbox"/> ABEMFT Approved Supervisor <input type="checkbox"/> ABEMFT Supervisor Candidate <input type="checkbox"/> AAMFT Approved Supervisor <input type="checkbox"/> AAMFT Supervisor Candidate <input type="checkbox"/> ABEMFT or AAMFT Supervisor Mentor (if applicable)		
Supervisor, Supervisor Candidate, or Supervisor Mentor Number: _____		
If a contract with one of the above mentioned Board Approved Supervisors would result in a substantial hardship, please complete MFT Form 9 for Case-by-Case Supervision. (Refer to the Rules and Regulations CHAPTER 536-X-4-.06 Guidelines for: Case-by-Case Supervision to see if you qualify.)		

**MFT 8 (cont.)**  
**MFT Intern/Associate Supervision Agreement Form continued**

**INFORMATION RELATING TO SUPERVISED EXPERIENCE**

Name and address of organization or agency where experience will be gained:

Average number of client contact hours expected to be gained per week:

**CONTRACT FOR SUPERVISION**

I have attached a contract for supervision for review and approval by the Board as required in the Rules and Regulations CHAPTER 536-X-1-.01(11) (d): Definition of Terms: Supervision.

Yes     No

I, as applicant, affirm that all information provided by me on this form is true and accurate and I affirm the following:

- That I have read the Board Rules and Regulations relating to supervised experience and that all supervised experience will be completed in accordance with these sections.
- That I recognize the responsibility of the candidate and the supervisor to ensure that direct client contact hours and supervision hours are concurrent.
- That I will abide by all rules of the Board including ethics requirements.
- That I understand the MFT Associate or MFT Intern Certification does not give me the authority to engage in the independent practice of marriage and family therapy.
- That I will notify the Board if the supervisory arrangement is terminated or changed.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

Sworn to and Subscribed before me this the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_

\_\_\_\_\_  
Signature of Notary

\_\_\_\_\_  
My Commission Expires

**MFT 8 (cont.)**  
**MFT Intern/Associate Supervision Agreement Form continued**

I, as the supervisor of the above named applicant's experience, affirm that all information provided by me on this form is true and accurate and I affirm the following:

- That all supervised experiences will be completed in accordance with the sections of the Board Rules and Regulations relating to supervised experience and all subsequent Board Rules.
- That I recognize the responsibility of the candidate and the supervisor to ensure that direct client contact hours and supervision hours are concurrent.
- That I understand the full professional responsibility for the services of the supervisee shall rest with the supervisor, except that the supervisee shall pay their premium for any malpractice insurance covering the services.
- That I understand the supervisee cannot engage in the independent practice of marriage and family therapy until he or she obtains a regular license as a an LMFT (Licensed Marriage and Family Therapist).
- That I will notify the Board if the supervisor arrangement is terminated or changed.

\_\_\_\_\_  
Signature of Supervisor

\_\_\_\_\_  
Date

Sworn to and Subscribed before me this the \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_

\_\_\_\_\_  
Signature of Notary

\_\_\_\_\_  
My Commission Expires



**Alabama Board of Examiners in Marriage and Family Therapy  
Proof of Citizenship (POC) Form – for Initial MFT License**



**Instructions:**

This form is to be completed by applicants for licensure in order to comply with Ala. Code § 31-13-7 (1975 as amended). Please mail this completed form with a **copy** of the required documentation proving citizenship or legal presence to:

MFT  
P.O. Box 240216  
Montgomery, AL 36124

**Do not send originals or faxes of citizenship/legal presence documents.**

Name (Please Print): \_\_\_\_\_ License #: \_\_\_\_\_

**Track I: Please complete this section if you are a United States Citizen. Check all that apply below:**

- I am a United States Citizen. I am submitting the attached COPY of my document to prove citizenship:  
**Please check and submit one of the following:**
- Alabama Driver's License or Identification issued by the Department of Public Safety
- Driver's License from other state that required proof of lawful presence
- Birth Certificate indicating U.S. Birth
- Valid U.S. Passport
- Military Identification showing U.S. as place of Birth
- Naturalization documents
- Certificate of Citizenship
- Consular report of birth abroad of U.S. Citizen
- Bureau of Indian Affairs Identification
- American Indian Card issued by Homeland Security
- Final adoption decree showing person's name and place of U.S. Birth
- A valid Uniformed Services Privileges and Identification Card
- Extract from a United States hospital record of birth created at the time of the person's birth indicating the place of birth in the United States
- Certification of Birth Issued by U.S. Department of State

I hereby declare that I am a citizen of the United States of America. I sign this declaration under penalty of perjury; making a false or fictitious statement or representation in this declaration is perjury in the second degree, pursuant to Ala. Code § 13A-10-102.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Track II: Please complete this section if you are not a United States Citizen. Check all that apply below:**

- I am not a United States Citizen. I am submitting the attached COPY of my document to prove legal presence in the United States:  
**Please check and submit one of the following:**
- I-327 Re-entry Permit
- I-551 Permanent Resident Card
- I-571 Refugee Travel Document
- I-766 Employment Authorization Card
- I-94 Arrival/Departure Record
- Unexpired Foreign Passport
- Temporary I-551 Stamp (on passport or I-94)
- I-20 Certificate of Eligibility for non-immigrant (F-1) student status
- DS 2019 Certificate of Eligibility for Exchange Visitor (J-1) status
- Machine-readable immigrant Visa (with temporary I-551 language)
- Other: Explain: \_\_\_\_\_

I hereby declare that I am an alien lawfully present in the United States of America. I sign this declaration under penalty of perjury; making a false or fictitious statement or representation in this declaration is perjury in the second degree, pursuant to Ala. Code § 13A-10-102.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date